



# **FIT & FUN**

## **AGES 3-5**

**MONDAYS**

**SESSION 1**

**10:00-10:30 a.m.**

**OR**

**SESSION 2**

**11:00-11:30 a.m.**

**(Child may attend 1 session per day)**

**MEMBERS-FREE**

**NON-MEMBERS-\$10.00**

**EACH CLASS OFFERS FUN FILLED GAMES, DRILLS AND EXERCISES  
IMPROVING STRENGTH, COORDINATION AND FLEXIBILITY.**

**SIGN UP AT FRONT DESK.**

**(Waiver must be completed.)**

**DROP OFF CHILDREN IN KID'S CLUB.**

**For more information call Rose @ ext. 134.**